

# FOOD BANK FOR LARIMER COUNTY

The Food Bank for Larimer County provides approximately 7.8 million pounds of donated food and other products to the community each year through three programs: Food Share, Kids Cafe and Food Link.

Food Share is a food pantry with locations in Fort Collins and Loveland that provides free surplus and government food to income qualifying individuals up to two times per week. Over 30,000 Larimer County residents received assistance through Food Share in 2010.

Kids Cafe® provides free, nutritious meals to low income children after school and during the summer. More than 70,200 meals were provided to at-risk children last year.

Food Link provides food to 80 other non-profit organizations for use in their programs for low income individuals. These organizations include food pantries, soup kitchens, after school programs and domestic violence shelters among others.

Learn More:  
[www.foodbanklarimer.org](http://www.foodbanklarimer.org)



1301 Blue Spruce Drive  
Fort Collins, Colorado 80524  
(970) 493-4477

Child Hunger Program Director:  
Kristin Bieri  
kbieri@foodbanklarimer.org



## Child Hunger Programs

Kids Cafe  
Kids Link  
Backpack

Photo Courtesy of the Fort Collins Coloradoan



# Serving children at all spectrums of hunger

FROM FULL MEALS TO NUTRITIOUS SNACKS FOR AGES 3-18

The Food Bank for Larimer County is working to serve children at risk for hunger through three main programs: Kids Cafe, Kids Link, and Backpack.

## KIDS CAFE: Our full meal program

Since 2005, Kids Cafe has provided children, ages 3-18 years, who are at risk of hunger, access to a nutritious meal after school and during the summer months. The FBLC has partnered with eight sites to serve the meals. With a full-time chef and registered dietician on staff, the focus of Kids Cafe is on nutrition. Research shows low-income children are more likely to be obese, and our program strives to fight that trend.

## KIDS LINK: Serving schools in Larimer County

Sponsoring over 60 school programs to shop at the Food Bank, Kids Link provides schools the opportunity to access snacks for free. The Food Bank underwrites the shared maintenance fee for schools. All produce is free to schools.

## BACKPACK: Supplemental food for weekends

Launched by Feeding America in 1995, Backpack is a program administered through FBLC that provides children in need with a backpack filled with non-perishable food for the weekend and/or school breaks. Poudre School District's Head Start family mentors refer families in need of weekend food support, and the FBLC delivers this support via a Backpack weekly. Backpacks are also distributed through Kids Cafe sites during the summer.

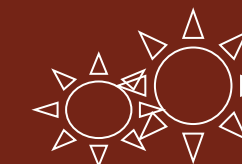


## AFTER SCHOOL SNACK PROGRAM

In addition to Kids Link, the Food Bank provides snacks funded in part by Child and Adult Care Food Program (CACFP). These snacks are provided after-school to four schools in Poudre School District. FBLC is partnering with CANDO—Coalition for Activity and Nutrition to Defeat Obesity- to increase nutrition education at these sites.

## 2010-11 FBLC FACTS

- Our Vision is a hunger-free Larimer County.
- Our Mission is to provide food to all in need through community partnerships and hunger relief programs.
- We distribute 7.8 million pounds of food each year through three programs: Food Share, Food Link, and Kids Cafe.



## CHILD HUNGER FACTS

Since 2005, Kids Cafe has experienced a 73 percent increase in the number of children needing food assistance.

- 2006: 37,877 total meals
- 2007: 46,333 total meals
- 2008: 55,952 total meals
- 2009: 65,624 total meals
- 2010: 70,237 total meals

During the summer 2009, FBLC prepared and served 600 meals each day to children at risk.

## KIDS CAFE SITES\*

Core Center  
114 Bristlecone Dr.

Fort Collins Boys and Girls Club  
1608 Lancer Dr.

Northside Aztlan Center  
112 E. Willow

Harmony Road Kids Cafe  
2500 E. Harmony Rd.

Wellington Boys and Girls Club  
3815 Harrison Ave.

Loveland Boys & Girls Club  
2500 East 1st St., Loveland

Maple Terrace Apartments  
574 East 23rd St., Loveland  
(Snack only)

Estes Park Kids Cafe  
1605 Brodie Avenue, Estes Park

\*Sites are subject to change



### SAMPLE KIDS CAFE MEAL

- CHICKEN FAJITAS WITH FLOUR TORTILLAS
- SOUR CREAM & CHEESE
- CILANTRO PINTO BEANS
- MANDARIN ORANGES
- FRESH MILK